

Feeding Plans From Late Pregnancy to 16 Weeks After Delivery: Exploring the Demographic, Clinical and Psychological Predictors

Researchers

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Background

This study is a collaboration lead by the School of Nursing and Midwifery, in Dundee. The project will investigate the demographic, clinical and psychological variables that predict infant feeding choices and the duration of breastfeeding.

Aims of Study

To inform the protocol for an intervention study to encourage and support breastfeeding.

Methods of Working

Women will be recruited late in pregnancy and their feeding intentions ascertained. Those breastfeeding will be followed-up until 16 weeks after delivery or till breastfeeding is discontinued. Text messages every 2 weeks will find out how feeding method and intentions change over time. A final questionnaire for all women will evaluate their feeding choices, problems with infant feeding and perceptions of support for feeding. Focus groups will further explore the motivations and influences on feeding choices and practices.

Funding

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For more information about this project- contact Heather Whitford (h.m.whitford@dundee.ac.uk)