## **Support for Self Care: An Update**

#### Monday 30th April 2007

This one day conference featured presentations from five leading speakers with plenty of opportunity for open discussion and debate. It offered an opportunity to 'update' on recent research evidence, to learn about current developments relating to support for self care, and to discuss key issues with policy makers, practitioners and researchers.

#### **Supporting Self-Care: What Works?**

Angela Coulter, Chief Executive, The Picker Institute

#### **Supporting Self Care: What Can Organisations Do?**

Debbie Singh, Author "Transforming Chronic Care" and Senior Associate, Health Services Management Centre, University of Birmingham

### Supporting Self-Care in "Hard To Reach" Groups

Dawn Wilkinson, Centre for Outcome Research & Effectiveness, University College London

# The Nursing, Midwifery & Health Visiting Contribution to Chronic Disease Management

Sally Kendal, Director of the Centre for Research in Primary & Community Care, University of Hertfordshire

Responding to the Epidemic of Chronic Disease - An International Comparison Ellen Nolte, European Observatory on Health Systems And Policies, LSHTM

