

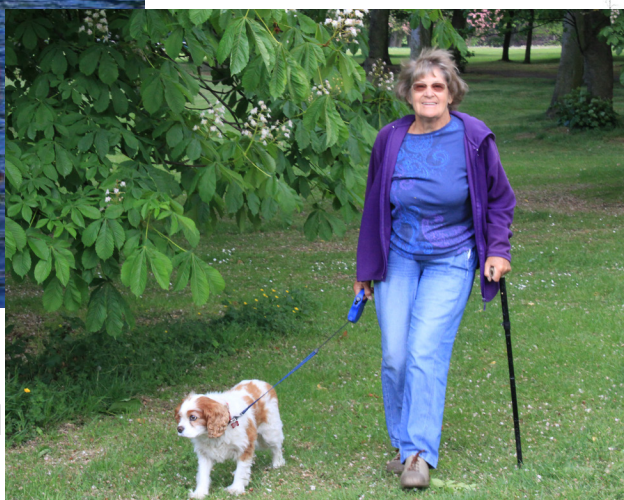
# SANDPIT

*Interventions For Increasing Physical Activity  
And Reducing Sedentary Behaviour:  
Enabling Sustained Change*

Monday 27th and  
Tuesday 28th May  
Dunblane Hydro, Dunblane,  
Stirlingshire



A residential interactive workshop which aims to stimulate new research ideas - a mini-sandpit over 2 days, where around 25 participants will work together to create new research ideas around sustaining behaviour change, promoting physical activity and reducing sedentary behaviour.



The sandpit is free including all meals and an overnight stay at the Dunblane Hydro.

Anyone who works in Scotland and who has an interest, enthusiasm, and expertise in this area can apply to attend the Sandpit.

Please fill in the application form which can be found on [www.scphrp.ac.uk/Sandpit](http://www.scphrp.ac.uk/Sandpit) by **Friday 12th April 2013**. You will be notified by email of whether you have been successful no later than Friday 26th April.