Social Dimensions of Health Institute

Annual Postgraduate Retreat

SDHI Postgraduate Retreat (Early Career Researchers are welcome too!) Monday 6th & Tuesday 7th June 2016

The Social Dimensions of Health Institute (SDHI) is pleased to announce, once again, a short retreat for postgraduate students and early career researchers engaged in applied health research. The retreat is scheduled from 10.00am Monday 6th June to 3.30pm Tuesday 7th June 2016 in **Kindrogan Field Centre** near Pitlochry. See http://www.field-studies-council.org/kindrogan.



The retreat is designed to be informal and enjoyable with food and overnight accommodation included in the cost. The location is beautiful and we usually enjoy a bit of quiz fun as part of the evening's relaxation.

The purpose of the retreat is to enable informal sharing and learning about research practice, the context of research, and the development of research careers. The retreat provides a chance to discuss all those ticklish issues that are troubling or impeding your progress in an informal and supportive environment.

Feedback about previous retreats has been extremely positive, and we have built on this experience in designing this year's event. In addition, we would be delighted to make further modifications to the programme in response to suggestions from those thinking of attending.

The two day retreat allows health-related PhD students and early postdoctoral researchers to:

- discuss key methodological issues with fellow health researchers, and to become more familiar with a wider range of related research methods;
- present and discuss their research in a supportive and friendly environment;
- make contact with health related researchers from across the Universities of Dundee and St

- Andrews to help future collaboration and employment options;
- become familiar with wider inter-disciplinary perspectives on health related research, essential for current and future collaborative working.

The retreat is largely discussion based. To help us tailor the programme and discussion to attendees' needs, all students and postdoctoral researchers are asked to submit a one page summary of their current or planned PhD or future postgraduate research. (There are no 'rules' about how you structure this or what you focus on, and you definitely won't be judged on it. We just want to have a sense of the kinds of things you're working on — and feel free to flag up any issues you might want some help with). Please send this to Rosanne Bell (r.c.bell@dundee.ac.uk) by the 20th of April 2016.

The cost of the retreat (including accommodation and meals) is just £160 per person.

A number of attendees will have the opportunity to deliver a short presentation related to their research. Priority will be given to doctoral students nearing completion. The presentations will be followed by constructive discussions of any key methodological, practical or analytic issues. Advice and constructive feedback will also be offered on presentation structure and style.

The draft programme can be seen overleaf. Potential attendees are asked to contact Huw Davies (hd/@st-and.ac.uk) or Gozde Ozakinci (go10/@st-and.ac.uk) with any specific requests for discussion topics or suggested amendments to the programme. If we do not run formal slots on your topic of interest, you will still have an opportunity to discuss it informally with SDHI staff and colleagues.













Outline programme

Day One: Monday 6th June 2016

10.00 - 10.30am	Arrive, tea, coffee
10.30 - 10.55am	Welcome, Overview of SDHI, Role of the Retreat Welcome, Orientation from Kindrogan staff
10.55 - 12.30pm	Introducing Ourselves - Who's here and what are they working on? Who's not here and what are they up to? This will be a practical session aimed at inculcating slicker skills of self-presentation of your research themes, topics and practice
12.30 - 1.30pm	Buffet lunch; informal stroll in the grounds
1.30 - 2.30pm	Short, sharp doctoral presentations Selected attendees will have the opportunity to present aspects of their work; discussion and guidance on content and process will involve all
2.30 - 3.30pm	Understanding research impact Huw Davies will explore the changing expectations on researchers to take a greater role and responsibility in seeing their work shared and acted upon
3.30 - 4.00pm	Coffee & tea
4.00 - 5.00pm	Short, sharp doctoral presentations Selected attendees will have the opportunity to present aspects of their work; discussion and guidance on content and process involve all
5:00 – 5:30pm	Informal discussions: setting an agenda for Day Two
6.30 - 7.30pm	Dinner
8.00pm onwards	Bar – Entertainment

Day Two: Tuesday 7th June 2016

8.00 - 8.45am	Breakfast
9.00 - 10.30am	Parallel Surgeries (depending on demand) - Starting a PhD / surviving the early days - Finishing a PhD / preparing for the viva - After the PhD / progressing as a postdoc
10.30 - 11.00am	Refreshments
11.00 - 12.00pm	Short, sharp doctoral presentations Selected attendees will have the opportunity to present aspects of their work; discussion and guidance on content and process involve all
12.00 - 1.00pm	Lunch
1.00 - 2.00pm	Writing for publication An interactive workshop on academic publishing
2.00 - 2.30pm	Reflections on the academic career More experienced SDHI researchers will reflect on the theme 'Things I wish I'd realised sooner'
2.30 - 2.45pm	Bring tea/coffee to a sum up/feedback session
3.00pm	Tidy up and depart